

Newsletter

2019-20



INTRODUCTION

The Corporate Social Responsibility Center at the Lahore School works on providing platform for the Lahore School stakeholders to reach out to the local community. The office actively pursues social welfare initiatives all-round the year channeling stakeholders' energy to become active change members.

VISION

Harnessing our knowledge and resources to help stakeholders learn and exercise ethical and social responsibility whereby enabling them to become thoughtful, engaged and compassionate citizens.

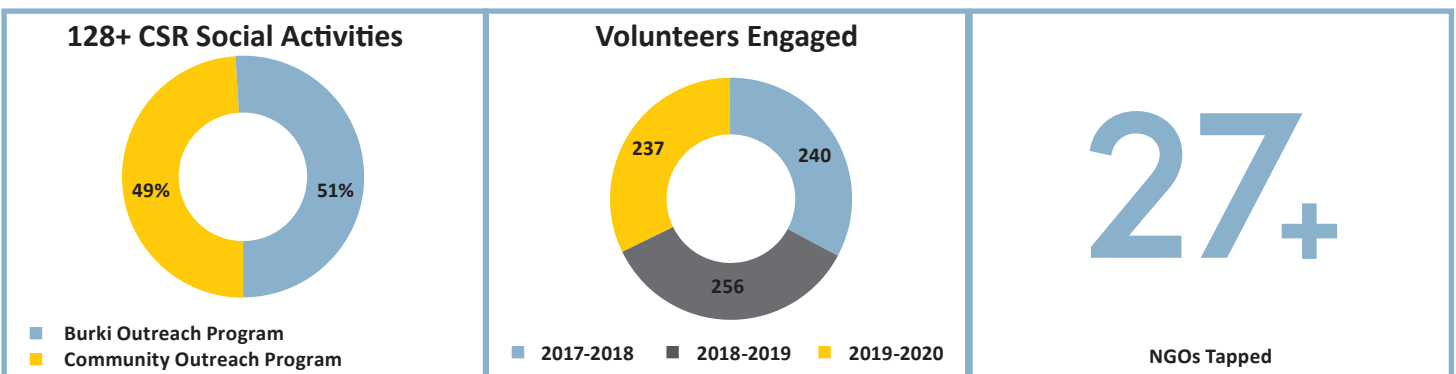
MISSION

To pursue community outreach programs geared towards sustainable development in various fields (health, education, environment etc.) by effectively utilizing skill set of Lahore School management, faculty, students and alumni.

The office performs the following functions:

- Assessing community needs and resources to gauge areas in need of assistance
- Developing viable association with the social sector organizations
- Initiating welfare projects geared towards sustainable development
- Seek active participation in community development from students, faculty, administration and alumni
- Monitoring the impact of its social welfare activities on the community

The LSCSR Center has two outreach programs. The first is the Burki Outreach Program that includes welfare projects within the Burki and its surrounding regions. All other events fall under the category of Community Outreach program.



Ambassador Program

The Center launches its ambassador program at the start of every fiscal year to give students a chance to explore their potential and leadership qualities by working as a social worker. All selected ambassadors need to participate in at least ten activities to qualify for an experience

letter. Ambassadors selected also compete for 'Ambassador of the Semester' spot. The position is awarded to the most devoted ambassador.

Volunteering Opportunities

Volunteer positions are open all round the year. However, students are encouraged to get themselves

registered with the Center at the registration desk, set up at the beginning of every semester as limited slots are available. This also provides an opportunity to enlighten the students regarding the upcoming social welfare activities. All volunteers are awarded a certificate for their participation.

WINTER 2019

DATE	ORGANIZATION	ACTIVITY
July 9, 2019	Altaf Mahmood Foundation Abba Home Shelter for Girls	Movie Screening
July 31, 2019	Green Earth Roshni School	Art & Craft Exhibition
August 26 – August 27, 2019	Lahore School Campus	CSR Stall at Freshmen Orientation - 2019
September 2, 2019	---	Volunteer Appreciation Lunch
September 4 – September 27, 2019	Friends Public Model School Hope Public School Biat-ul-Islam School	Dental Health Education -Awareness Campaign
September 13, 2019	Sharif Medical Complex	19th Health Camp
September 23 – November 14, 2019	Participants Care Foundation Schools • Govt. Girls Primary School – Leel • Govt. Girls Middle School – Natha Singh Friends Public Model School Bait-ul-Islam School Hope Public School The Citizens Foundation • Boys High School – Bhangali • Girls High School – Bhangali	Debating & Public Speaking Workshop (16 sessions)
September 6 – November 22, 2019	Abba Home Shelter for Girls	Computer Literacy Program III (6 sessions)
September 6 – November 22, 2019	Abba Home Shelter for Girls	Reading Buddy V (6 sessions)
September 26, 2019	Bunyaad Foundation	Session on ‘Character Building’
October 11, 2019	Altaf Mahmood Foundation	Educational Field Trip to Shezan International Limited Factory
October 31, 2019	Care Foundation Schools • Jahan Ara Memorial School • CDG Govt. Girls Middle School – Asal Guru Key • CDG Boys Middle School – Rukh Burj	In-Kind Donation of Chalkboards
November 1, 2019	Al-Shafiq Foundation Trust	Collage Art Class
November 6, 2019	Watan Islamia High School	Session on ‘Career Counselling’
November 15, 2019	Sharif Medical Complex	20 th Health Camp
November 18, 2019	Participants Care Foundation Schools • Govt. Girls Primary School – Leel • Govt. Girls Middle School – Natha Singh Friends Public Model School Bait-ul-Islam School Hope Public School The Citizens Foundation • Boys High School – Bhangali • Girls High School – Bhangali	Taqreeri Muqabla
November 29, 2019	Dar-ul-Kafala	Lunch
December 4, 2019	Al-Shafiq Foundation Trust Altaf Mahmood Foundation	Educational Trip to Walled City

Movie Screening

The Lahore School Corporate Social Responsibility Center hosted a movie screening for two orphanage shelters - Abba Home shelter for girls and Altaf Mahmood Foundation at Cinemax, Packages Mall. This activity was geared at taking out shelter kids for a fun-filled afternoon. A total of 40

kids were entertained along with their mentors. The movie, 'Secret Life of Pets', gave kids a chance to learn valuable lessons of teamwork, overcoming fear and making tough decisions in precarious situations. Following the movie, the children were taken to the food court for a scrumptious dinner.



Ambassador of the Semester

Involving myself with CSR has been one of my best decisions. The experience has been overwhelming; whether it was listening to the life stories of the elderly, educating children or helping patients in times of distress. Such experiences add on to your personality, make you humble and invoke in you the desire to give more.

I am obliged to be a part of such a great community and I wish to continue with my efforts to make our society a better place.

Hina Younis
BBA IV
Marketing & Media

Art & Craft Exhibition

The CSR team was invited to an art & craft exhibition at Green Earth Roshni School. Children at the school put up their display of knowledge, creativity and aptitude through different colorful stalls. The team supported the talented students by appreciating and boosting the morale.



Freshmen Orientation 2019

The Winter Semester 2019 started off with the new student orientation. The Center took this opportunity to familiarize the students with its outreach programs and upcoming social welfare activities. A total of 250+ volunteer registrations took place.



Volunteer Appreciation Lunch



Thanks a million for being such great support to our cause. We shall always be grateful for the generous gift of your time and energy as a volunteer. Keep being awesome!!

An honorary lunch was arranged for the Lahore School CSR volunteers at Spice Bazar.

People have lots of reasons for volunteering- what's yours?

Dental Health Education-Awareness Campaign

Oral hygiene is crucial to general health and well-being, significantly impacting life quality. It permits an individual to speak, eat and socialize without discomfort and embarrassment. To assist schools, improve oral health of students, staff and community members, the Lahore School Corporate Social Responsibility Center initiated Dental Health Education project under its Burki Outreach Program – Health. A total of three sessions were conducted in the following schools:

- Friends Public Model School (September 4, 2019)
- Hope Public School (September 19, 2019)
- Bait-ul-Islam School (September 27, 2019)

Three dental specialists, Dr. Hafsa Kaleem (Bachelor of Dental Surgery, Demonstrator, Rashid Latif

Hospital), Dr. Amna Maqsood (Master of Dental Surgery, Resident in Oral & Maxillofacial Surgery Department, Punjab Dental Hospital), and Dr. Rubab Sherazi (Associate Professor – Operative Dentistry, CMH Medical College Institute of Dentistry) addressed the myths and misconceptions about the oral hygiene. The sessions included videos clips and pictures to demonstrate brushing techniques and dental issues. The doctors covered the following topics during their presentation:

- Cavities or tooth decay
- Gum disease
- Diet & dental health
- Dental treatments & related costs
- Oral Cancer



19th Health Camp

Date: Friday, September 13, 2019

Duration: 4 Hours

Patients Treated: 162

Doctors' Team: Dr. Baqar Sharif Chaudhry (General Physician, Sharif Medical Complex), Dr. Anadil Faqah (Consultant Hospitalist, Shaukat Khanum), Dr. Yasir Khan (Neurosurgeon, General Hospital), Dr. Maham Khan (Medical Officer, Services Hospital)



Volunteer Diaries

The world needs more compassion and kindness, and that's exactly what I had always hoped to give back to my community. I am grateful to the CSR Center for giving me the volunteering opportunities and helping me cross things off on my bucket list.

Haleema Ahmed
BBA-IV
Marketing & Media



My Reason to Volunteer

“I want to develop my skills and get experience to put on my CV”

What's yours?

Debating & Public Speaking Workshop

As part of 'Taqreeri Muqabla' organized for Burki schools, the Lahore School Corporate Social Responsibility Center held debating and public speaking workshops for the partakers. The aim of these workshops was to enhance students' creativity,

confidence in presentation and public speaking. Every participant institution was assigned a seasoned debater who helped children gear up for an inter-school speech competition. The following tables represent the schedule of the workshops:



Friends Public Model School

Mentors: Izza Fatima, Saleyha Arshad

Session	Dates
I	September 23, 2019
II	September 27, 2019
II	October 7, 2019
IV	November 11, 2019

Hope Public School

Mentor: Hamood Malik

Session	Dates
I	September 30, 2019
II	October 21, 2019
II	October 28, 2019
IV	November 14, 2019

The Citizens Foundation

Mentor: Syed Ali Waris

Session	Dates
I	October 7, 2019
II	October 21, 2019
II	October 28, 2019

Care Foundation

Mentor: Aimen Gardezi

Session	Dates
I	September 25, 2019
II	October 3, 2019
II	October 23, 2019

Bait-ul-Islam School

Mentors: Fatima Qureshi, Momina Ikhlq

Session	Dates
I	October 24, 2019
II	October 30, 2019

Project Chalkboard II

Equipping classrooms to facilitate student learning

.....

Recipient Schools



CARE Adopted Jahan
Ara Memorial School



CARE Adopted CDG
Government Girls Middle School
Asal Guru Key



CARE Adopted CDG
Boys Middle School
Rukh Burj



In-Kind Donation of Chalkboards

Under the Banner of Burki Outreach Program – Education, the Lahore School CSR Center made a donation of chalkboards to under-resourced Care Foundation schools.



LAHORE SCHOOL
CORPORATE SOCIAL RESPONSIBILITY CENTER



VOLUNTEER OF THE SEMESTER

WINTER 2019

MAHAD AFZAAL

PARTICIPATED IN
CAREER COUNSELLING SESSIONS
EDUCATIONAL TRIP TO WALLED CITY
DENTAL HEALTH AWARENESS CAMPAIGN
HEALTH CAMPS

Computer Literacy Program III

Target NGO: Abba Home Shelter for Girls

No. of Students: 16

No. of Sessions: 6

Mentors: Amna Riaz, Rameen Ahmad, Zara Ayyaz

Microsoft Word and PowerPoint were covered during Winter Semester 2019.



Reading Buddy V

Target NGO: Abba Home Shelter for Girls

No. of Students: 17

No. of Sessions: 6

Mentors: Anoosh Arif, Minahil Basit, Jannat Asrar, Sheza Jawad

Reading list is as follows:

Winter 2019		
Date	Session	Reading List
September 6, 2019	I	What a bad Dog & A New Dog - Roderick Hunt and Alex Brychta
September 20, 2019	II	New Trainers - Roderick Hunt and Alex Brychta
October 4, 2019	III	Lizard & Oil - Jolly Learning Ltd.
October 25, 2019	IV	Farm - Jolly Learning Ltd.
November 8, 2019	V	What do you want to be? - Shilo Berry
November 22, 2019	VI	Wonders of the World - Moana Ashley



My Reason to Volunteer

“ I want to meet new people and make connections ”

What's yours?

Session on Character Building

Character building is an important aspect of education that often goes unnoticed. It is essential to instill moral values in students at an early age to produce mindsets and personalities that are vital for the society and consequently, the country. Therefore, the Lahore School Corporate Social Responsibility Center took the initiative to conduct Character Building Session at Bunyaad Foundation. The students of grades six to eight were briefed on the fundamental values such as trust, respect and truthfulness in light of the Quran and Sunnah.



CONGRATULATIONS

CSR AMBASSADORS 2019-20

Hammod Javid
BBA III



Aimen Gardezi
BSc I



Abdul Wasay
BBA II



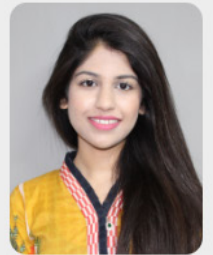
Amna Riaz
BSc III



Hasham Fayyaz
BBA I



Hina Younis
BBA IV



Educational Field Trip

Factory visits offer a chance to see behind-the-scenes magic of the transformation of materials into finished goods. It exposes visitors to processes they might have read, heard of or see in documentaries and books. For kids, the thrill of a live tour to a factory that gives birth to their favorite product is inherently more interesting and captivating. Keeping in view the role such trips play in learning, the Center arranged a visit to the Shezan Factory for the students of Altaf Mahmood Foundation.

The 2-hour visit encompassed the production of the entire range of products at Shezan International Pvt. Ltd. The children were briefed upon the following manufacturing concepts:

- Production Lines
- Cold Storage
- Content Mixing
- Fermentation
- Sterilization
- Glass and Tetra Packaging Units
- Quality Inspection
- Warehouse Stacking



Volunteer Diaries



My journey with the CSR Center was stupendous. It is among the most eye-opening experiences I have ever undergone. It showed me the world in a new light – beyond my privilege. All the activities I volunteered for made me realize how every little contribution of mine can make a big impact on

someone's life. I am glad to have stepped out of the comfort zone and to extend my help to the community. I look forward to collaborate with CSR Center in its future endeavors.

Muhammad Bilal Sohail
BBA-II
Marketing & Finance



FREE Health Camp

Location: Sharif Medical Complex
Date: Friday, 31st January 2020
Time: 02:30 PM – 06:00 PM

**VOLUNTEERS
NEEDED**

Key Responsibilities

- *Assigning Tokens
- *Managing Patient Flow
- *Maintaining Patients Record
- *Medicine Disbursement

Collage Art Class

The Center organized a Collage Art lesson for students at Al Shafiq Foundation Trust. The aim was to let children express themselves and recreate their life experiences through the use of various everyday materials. The endless mix and match of materials provided kids access to infinite creative ideas allowing familiarity with textures, forms and colors. The Lahore School student volunteers gave a brief on the history



of the collage art techniques and the different forms it exists in. The following concepts were also discussed:

- Use of warm & cool colors
- Complimentary/balancing colors
- Collage Pattern
- Geometric and organic shapes
- 3D collage

Session on Career Counseling

When it comes to career selection, guidance and advice are of utmost importance. It is imperative to avail counselling for your career, no matter what life stage you are at, as it makes up a huge portion of your life and a lot hinges on it. Keeping in mind the cruciality of the subject matter, the Lahore School CSR volunteers conducted a career counseling session for 9th and 10th grade students at Govt. Watan School Islamia High School for boys. The volunteer

counselors built awareness about the existing career fields and the new developments in the career space. The discussion entailed development in traditional courses such as medicine, engineering, law as well as the modern ones such as film-making and design. The session exposed students to a comprehensive list of possible career options according to their aptitudes and interests that would help them make intentional career decisions.



My Reason to Volunteer

“ I want to improve my physical and mental health ”

What's yours?

20th Health Camp

Date: Friday, November 15, 2019

Duration: 4 Hours

Patients Treated: 152

Doctor's Team: Dr. Baqar Sharif Chaudhry (General Physician, Sharif Medical Complex); Dr. Hafiza Ateeqa Mubarik (FCPS Gynecology, Ghurki Trust Teaching Hospital); Dr. Shirin Gul (FCPS Gynecology, Race View Hospital)



LAHORE SCHOOL CORPORATE SOCIAL RESPONSIBILITY



Volunteer of the Semester

I completely agree with Iqbal's ideology, he says, "hain log wohi jahan mei achay atay hain jo kaam dosron kay". I personally experienced a positive change in my personality after helping people around me voluntarily. Initially I was apprehensive about moving away from the comfort of friends and family but later I realized that the real purpose of life cannot be achieved without "Khidmat-e-Khalq".

Mahad Afzal
BBA IV
Marketing & Media

Taqreeri Muqabla

Competition Winner: Team Hope
Public School – School Mentor:
Hamood Javaid Malik

After holding debate and public speaking workshops in associated Burki/Bedian schools, the hard work of the Lahore School mentors finally paid off at ‘Taqreeri Muqabla’ held on November 18, 2019. This event was arranged to gauge the effectiveness of these mentor-led debate/speech workshops. A total of ten teams from the following schools competed against each other.

- Bait ul Islam School (Burki Campus)
- Care Foundation
- Friends Public Model School
- Hope Public School
- The Citizens Foundation

The event consisted of 3 rounds; Competitive Debating, Informative Speech and Impromptu Speech. To prepare and rehearse for the first two rounds all participants were assigned topics a week prior to the event. The topics selected for these rounds were as follows:

Round 1

- Internet keh fawaid say ziyada nuqsanat
- Kya taraqi keh liye angrezi zuban seekhna zaroori hai?
- Tabdeeli aa nahi rahi, tabdeeli aagai hai!
- Parho gay likho gay bano gay nawab, khelo gay khoodo gay ho gey kharab
- Aaj ka insan khudgarz

Round 2

- Zameen ki tibbi umer aur insani kirdar

The judging panel consisted of the Ms. Ifrah Maskan, President Lahore School of Economics Association of Debaters, Ms. Maheen Chaudhry, Manager Lahore School CSRC and Ms. Rumessa Abid Naqvi, Assistant Professor, Department of Social Sciences.

All presenters showed great enthusiasm and spirit. The participants were eager to show what they had absorbed from their mentors and further learn and explore themselves as debaters/public speakers.





Volunteer Diaries

The time I've spent with the Center has been an absolute joy. It has brought a noticeable change in me, making me more mindful of the communities living around us and of the privileges I have. It taught me compassion like never before. Being able to visit these communities, meet new people and building connections while somehow helping them has been very grounding.

Mahnoor Safdar
BBA-IV
Marketing & Media

Luncheon with the residents of Dar-ul-Kafala

"A kind gesture can reach a wound that only compassion can heal"
Steve Maraboli

An initiative by the Lahore School Corporate Social Responsibility Center to sensitize the young towards the aged and discover empathy within themselves.



LAHORE SCHOOL CORPORATE SOCIAL RESPONSIBILITY CENTER

My Reason to Volunteer

“ I want to spend quality time away from work or a busy lifestyle ”

What's yours?

Educational Trip to Walled City

The children at Al-Shafiq Foundation Trust and Altaf Mehmood Foundation were given a chance to explore the historic core of Lahore in a day trip sponsored by the Center. The visit to Walled City included a guided tour to the famous Shahi Hammam, Wazir Khan Mosque, Lahore Fort and Badshahi Mosque. The trip ended with lunch at Haveli Restaurant, Food Street.



WINTER

#EMPATHY
#COMPASSION
#HUMILITY

HINA YOUNIS
AMBASSADOR
OF THE SEMESTER

LAHORE SCHOOL
CORPORATE SOCIAL RESPONSIBILITY CENTER

SPRING 2020

DATE	ORGANIZATION	ACTIVITY
January 14 – January 15, 2020	Lahore School Campus	Registration for Volunteers
January 31, 2020	Sharif Medical Complex	21 st Health Camp
January 27 – March 2, 2020	Abba Home Shelter for Girls	Computer Literacy IV (3 sessions)
January 27 – March 2, 2020	Abba Home Shelter for Girls	Reading Buddy VI (3 sessions)
February 7, 2020	Bait-ul-Islam School	Personal Hygiene & Healthy Practices - Awareness Session I
February 12 - February 27, 2020	Hope Public School	Art Workshop (2 sessions)
February 17, 2020	Falah Foundation	Winter Fiesta
March 3, 2020	Participants Care Foundation School <ul style="list-style-type: none"> • Govt. Primary School – Leel, Aziz Bhatti Town • CDG Primary School – Roranwala • Govt. Primary School – Jindran Kalan • Govt. Girls Primary School – Klass Mari) Friends Public Model School Hope Public School Bait-ul-Islam School	Sports Gala 2020
March 6, 2020	Al-Shafiq Foundation Trust	Personal Hygiene & Healthy Practices - Awareness Session II
April 19, 2020	Altaf Mahmood Foundation	Session on ‘Communication Skills’ (via Zoom)
April 27 – May 11, 2020	Al-Shafiq Foundation Trust	Teachings of Islam (3 sessions via Zoom)
May 02 – May 31 st , 2020	Abba Home Shelter for Girls	Geographical Studies (4 sessions via Zoom)
May 4, 2020	Lahore School of Economics	Instagram Live session Topic: Say no to Wedding Extravaganza
May 04 – May 25, 2020	Participants Care Foundation <ul style="list-style-type: none"> • Govt. Girls Middle School – Leel • Govt. Girls Primary School – Natha Singh Bunyaad Foundation (Bunyard-e-Fatima School, Lahore) Al-Shafiq Foundation Trust	Essay Writing Contest
June 2020	Akhuwat Foundation - Clothes Bank	Clothes Drive
June 23 – June 30, 2020	Participants Care Foundation <ul style="list-style-type: none"> • Govt. Girls Primary School – Brahman Abad • Govt. Primary School – Jindra Kalan • Govt. Girls Primary School – Barka • Govt. Girls Primary School – Klass Mari) Bunyaad Foundation (Bhagwal Awan, Sialkot) Al-Shafiq Foundation Trust Bait-ul-Islam School Abba Home Shelter for Girls	Poster Contest

21st Health Camp

Camp Date: Friday, January 31, 2020

Duration: 4 Hours

Patients Treated: 207

Doctors' Team: Dr. Baqar Sharif Chaudhry (General Physician, Sharif Medical Complex, Dr. Hafiza Ateeqa Mubarik (FCPS Gynecology, Ghurki Trust Teaching Hospital) Dr. Humaira Rasheed (Senior Registrar, Obstetrics & Gynecology, Ghurki Trust Teaching Hospital).



My Reason to Volunteer

“ I want to get to know people from different communities ”

What's yours?



Volunteer Diaries

The CSR Center offered me a sense of fulfilment nothing else ever could. I have won many accolades in my life, but this is the first time I felt that I made myself useful and had this sense of achievement within me. It enriched my university life and provided something unusual than merely studies.

Syeda Aimen Fatima
BSc-II
Volunteer of the Semester

Reading Buddy VI

Target NGO:

Abba Home Shelter for Girls

No. of Students: 17

No. of Sessions: 3

Mentors:

Rida Nawa and Fizza Fatima

Reading list is as follows:

Date	Session	Reading List
January 27, 2020	I	Urdu story books by Premier Publishers <ul style="list-style-type: none"> • Ao Eid card banaian • Gaye jo nehar mei gir gai • Guldan kis ne tora • Beemar ka haal • Ham hain Samanadr kay Baasi
February 3, 2020	II	Learn Opposite - Poldy series - Felcia Law
March 2, 2020	III	My traffic light book - Eli A. Cantillon



Computer Literacy Program IV

Target NGO: Abba Home Shelter for Girls

Mentors: Rameen Ahmad, Rumaisa Siddique, Hamna Aziz

No. of Students: 16

No. of Sessions: 3

The Microsoft Excel program was covered during Spring Semester 2020. The following are the details of each session:

Date	Session	Topic
January 27, 2020	I	Revision of Microsoft Word and PowerPoint (Creating, Editing, Formatting Text)
February 3, 2020	II	Microsoft Excel Introduction View Menu, File Menu, Home Menu (Introduction to MS Excel Interface+ Working Techniques, Page Break Preview, Page Layout, Custom Views, Ruler, Grid Lines, Formula Bar, Zoom (100% Zoom to Selection) Hide, Un Hide, Split, New, open, Save, Save As, Print, Export, Close, Cut, Copy, Paste, writing Font-Style, Size, Color, Effects, Alignment, Find, Replace, Insert, Delete, Cell Format.
March 2, 2020	III	Functions (Different Types of Functions -Sum, Average, Count if, Count number, Max-Min)



SYED ALI WARIS



THANK YOU
FOR BEING A

#SELFLESS
#GENEROUS
#THOUGHTFUL

VOLUNTEER

VOLUNTEER OF THE SEMESTER

SPRING 2020



PARTICIPATED IN:
SPRING SPORTS GALA
DEBATING WORKSHOPS (3)
TAQREERI MUQABLA

Awareness Session - Personal Hygiene & Healthy Practices

The Center conducted awareness sessions with the help of professional health care workers in the following institutions:

- Bait-ul-Islam School (Burki Campus)
- Al-Shafiq Foundation Trust (New Garden Town)

Session facilitators: Dr. Sonia Fatima and Dr. Rabia Nasar (Obstetrics & Gynecology, Ghurki Trust Teaching Hospital)

The doctors spoke about the importance of personal hygiene and cleanliness in detail. They emphasized that maintaining good personal hygiene is the first step to good health. Failure to keep up a standard of hygiene can have multiple implications. Not only there is an increased risk of getting an infection or illness, but there are many social and psychological aspects that can be affected. Individuals can be stereotyped, leading to discrimination, prejudice and low self-esteem. At the end of the sessions, the doctors held one-on-one consultations to address audience questions and their ongoing health problems.

The sessions covered the following major points:

- Creating self-care routine
- Oral health practices
- Health issues in adolescent
- Nutritionally balanced diet
- Regular physical activity
- Environmental hygiene



Art Workshops

Target Institute: Hope Public School

No. of Students: 50

Expertise Level: Novice

Mentor: Mr. Shahid Mirza (Artist-in-Residence at the Lahore School)

No. of Workshops Conducted: 2

Workshop Duration: 2.5 Hours

To make the school routine more interesting and exciting, the Lahore School Corporate Social Responsibility Center brought a creative retreat for the students at the Hope Public School. The Center planned a four days' workshop that consisted of four art techniques, namely optical illusions, clay modelling, collage technique and pattern making. However, due to schools' closure and lockdown only two of these workshops were conducted.

Workshop 1

The optical illusion (OP) workshop started off with an explanation of the OP Art concept followed by a display of projects previously made by the Lahore School students for inspiration. All attendees were divided into groups and handed over the required art material to create their own version of OP design.

Workshop 2

The second workshop, clay modelling, introduced the kids to the world of 3-D art. The mentor explained that sculpting is a highly tactile experience and, therefore, relies solely on the hands as tools. He further elaborated on how figurines vary in scale and style along with the four basic sculpture techniques; carving, assembling, modeling and casting. The facilitator then moved to an in-depth tutorial, demonstrating a simple single base and four legged figurines sculpturing. All workshop participants were asked to creatively sculpt two figures with the help of guidelines given to them.



Winter Fiesta

Event Venue:
Falah Foundation Campus

Target Audience:
80+ Disadvantaged Children

A winter themed event was arranged for special children at Falah Foundation – Inclusive Education Institute. The activity was specifically planned to cater to special kids' learning through fun and games. A number of winter inspired assignments were designed in cooperation with the teachers of the institute to help kids revise and retain concepts associated with the season. At the end, a talent show took place where children showcased their skills through different performances. 14 passionate volunteers from the Lahore School assisted in the planning and execution of the event.



Volunteer of the Semester



When I first came to Lahore School, I just took my classes, hung out with friends and went home. I was in my junior year when my friend actually referred me for a debating camp and I am so glad that I chose to do it. It was my first time doing something with CSR Center and I can easily count it as the best one. The debating camp where I mentored students for a competition taught me a lot as I got to know about the thoughts and views of these children some of which were very astounding given their age and it made me realize the importance of having a voice and standing by what is right. My school ended up as runners up in the competition and it was a very proud moment for me. Despite the camp being spread over a few weeks, I developed this special kind of bond with these children which I can't really explain. The second event that I volunteered for was the sports day and even though it was the first time I met all these students the next thing you know, I was shouting and rooting for them as if it were my own school. The Center taught me that there is more to university life than the usual study and hanging out with friends. We volunteer to teach people what we have learnt and end up learning a lot ourselves. To sum it all up it has been a wholesome experience and I hope to do more volunteer work for CSR.

Syed Ali Waris
BBA-IV
Marketing & Finance

Sports Gala 2020

A sports gala was held for Burki schools at the Lahore School main campus. All institutes participated with great zeal and excitement. The following schools took part in the event:

- Bait-ul-Islam School (Burki Campus)
- Friends Public Model School (Main Market, Burki)
- Hope Public School (Main Market Burki)
- Government Girls Primary School – Leel Aziz Bhatti Town (Care Foundation)
- CDG Primary School – Roranwala (Care Foundation)
- Government Primary School – Jindra Kalam (Care Foundation)

- Government Girls Primary School – Kalls Mari (Care Foundation)

The program began with a welcome note by Dr. Azam Chaudhry (Professor and Dean faculty of Economics) followed by a speech on the importance of sports and physical activity in life by Maj(retd.). Husain Abdul Rehman (Director Sports).

The participants entered into the spirit of the occasion with an energizing March Past. The students from Friends Public Model School performed a mesmerizing colorful PT display before the commencement of races.



My Reason to Volunteer

“ I want to feel valued and part of a team ”

What's yours?

The races began with cheering and tons of encouragement from the spectators. A total of 85 students of classes 5 to 10 competed in sprints, relays and sack races. Towards the end tug-of-war and musical chairs contests were held between schools' staff members.

All position holders were awarded medals. The overall champion trophy went to Care Foundation.

Games List

- Girls Sprint 50 Meter Race
- Girls Sprint 100 Meter Race
- Boys Sprint 100 Meter Race
- Boys Sprint 200 Meter Race
- Girls Relay Race (4x50m)
- Girls Relay Race (4x200m)
- Boys Relay Race (4x50m)
- Boys Relay Race (4x200m)
- Sack Race for Girls 50 Meter
- Sack Race for Boys 50 Meter
- Leg Race for Girls 50 Meter
- Leg Race for Boys 50 Meter
- Egg Race for Girls 50 Meter
- Egg Race for Boys 50 Meter
- Musical Chair for Girls
- Musical Chair for Boys
- Musical Chair for Teachers
- Tug of War for Girls
- Tug of War for Boys



Online Sessions

Despite the sudden outbreak of the COVID-19 pandemic and schools' shutdown, the Lahore School Corporate Social Responsibility Center continued its efforts to reach out to the students. To keep kids academically engaged, the Center devised three online programs that took place via Zoom. The details of these programs are as follows:

1. Target NGO: Altaf Mahmood Foundation

No. of Students: 15

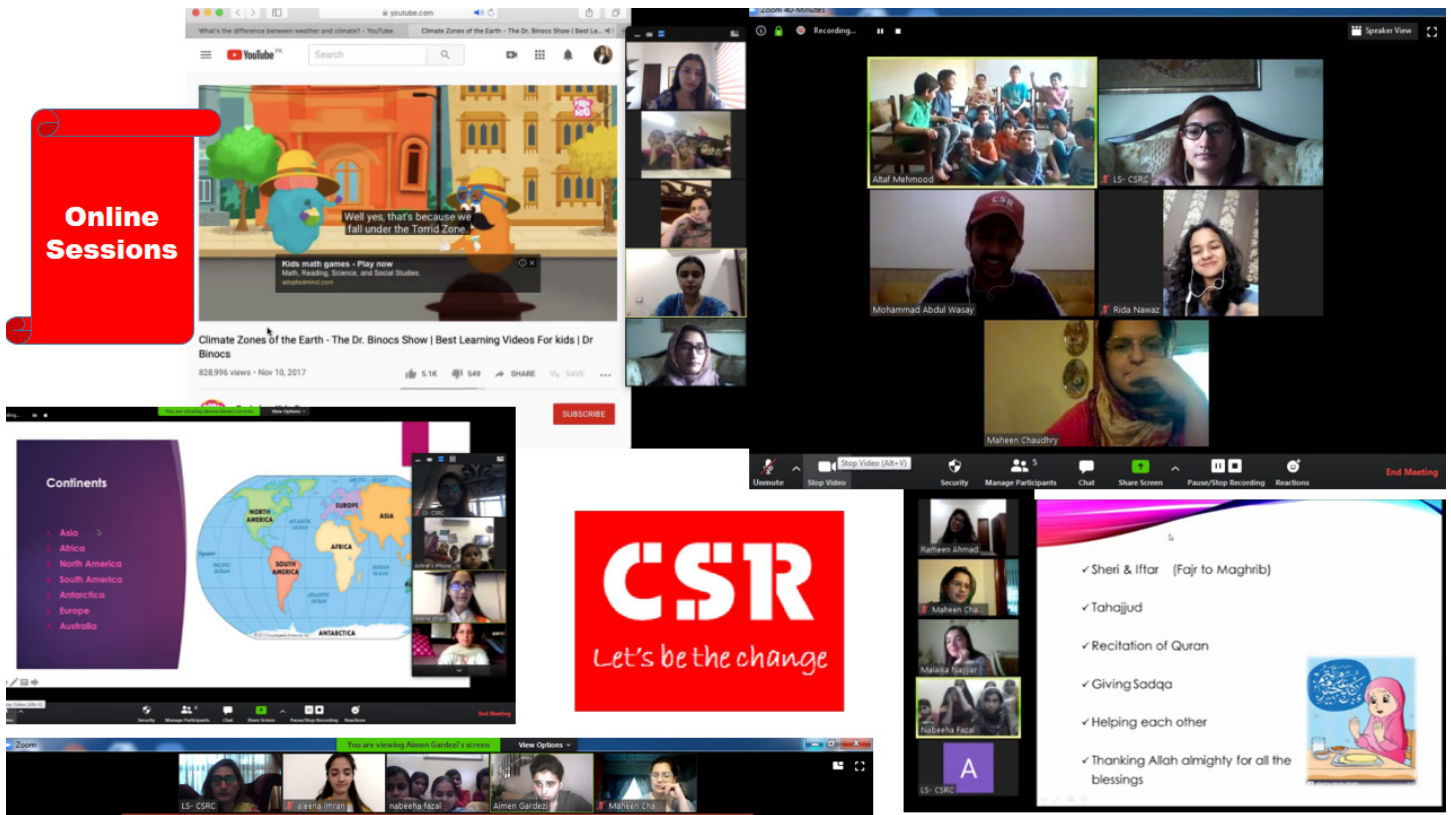
No. of Sessions: 1

Topic: Communication Skills

Discussion Points:

- Process of communication
- Verbal vs. Non-Verbal
- Formal vs. Informal





- Listening Skills
- Emotional Control
- Barriers of effective communication

The session aimed to make participants understand what entails effective communication. Whether it is your professional or personal life, having good communication skills allow you to articulate your thoughts in a more channelized manner so the message is clearly conveyed; hence help others understand you better.

2. Target NGO: Al-Shafiq Foundation Trust

No. of Students: 25

No. of Sessions: 3

Topic: Teachings of Islam

Discussion Points

Session 1: Mercy & Peace

Session 2: Patience

Session 3: Holy Month of Ramadan

Keeping with the spiritual zeal of the Holy Month of Ramadan, the CSR Center devised a series to cherish

the honorable stories of the holy prophets. The target was to take advantage of the quarantine period to observe and analyze oneself to grow as a person, taking lessons from the lives of the great prophets.

3. Target NGO: Abba Home Shelter for Girls

No. of Students: 10

No. of Sessions: 4

Topic: Geographical Studies

Discussion Points

Session 1: Continents & demographics

Session 2: Pakistan & its relations with neighboring countries

Session 3: Geographical features of the world

Session 4: Climate & weather

The demographics and geographical features of the world were explored with the aid of documentaries and illustrations. Mentors gave children an insight on the Pakistan's current affairs with its neighboring countries and updated them on the latest economic developments. The objective was to supplement kids' classroom learning and increase their general knowledge.

AMBASSADOR OF THE SEMESTER

SPRING 2020

HAMOOD JAVAID MALIK

PARTICIPATED IN:
TAQREERI MUQABLA
HEALTH CAMPS
DEBATING WORKSHOPS
SPRING SPORTS GALA

THANK YOU FOR ALL THAT
YOU HAVE DONE. WE
APPRECIATE IT!

-- Team Lahore School CSR



Instagram Live Session

Topic: Say no to Wedding Extravaganza

Hamood Javaid, Ambassador Lahore School CSR Center, participated in a live discussion with Loujee, a CSR project by the Lahore School graduating batch 2020. The live streamed conversation took place on Instagram at 09:30 PM on May 4th, 2020.

The discussion encompassed issues related to the following points:

- What constitutes extravaganza?
- Modest vs extravagant weddings
- Wedding culture in Pakistan
- Government policies concerning marriage ceremonies

LOU JEE

SAY NO TO WEDDING EXTRAVAGANZA

Rameen Zeeshan
Marketing Dept.

Hamood J. Malik
CSR Ambassador

LIVE AT
4TH MAY 9PM

A DISCUSSION AGAINST HIGH WEDDING SPENDING

@loujee2020 @ls_csrc

Clothes Drive

A clothes drive was organized under the Community Outreach Program 2020 for Akhuwat Clothes Bank as a gesture to support the organization's noble cause of helping the needy. Around 250+ preloved clothes were collected, sorted and placed by the Lahore School volunteers.



Volunteer Diaries

I jumped into volunteering for the CSR Center on the spur of the moment. Never thought it would turn out to be an immensely rewarding experience. It gave me a chance to extend my support to people passionate about serving the community and also acknowledge that small efforts make the greatest difference. I met new people and made new connections. The exposure broke down many of my walls, ignited my compassionate side, and helped me grow both personally and professionally.

Amna Riaz
BSC IV
Economics and Finance

Online Essay Writing Contest

An online essay writing contest was organized in an effort to harness the energy and creativity during the COVID 2019 lockdown. All the participants had to write around the theme 'My Dream' and had a

word limit of 1000. Aimen Saeed, a 7th grader, from Al-Shafiq Foundation Trust won the first prize. The contest runner-up was Fatima Yaqoob from Govt. Girls Middle School (Care Foundation), Leel.

Poster Contest – Climate Change

Theme: Climate Change

Judge: Mr. Shahid Mirza (Artist-in-Residence)

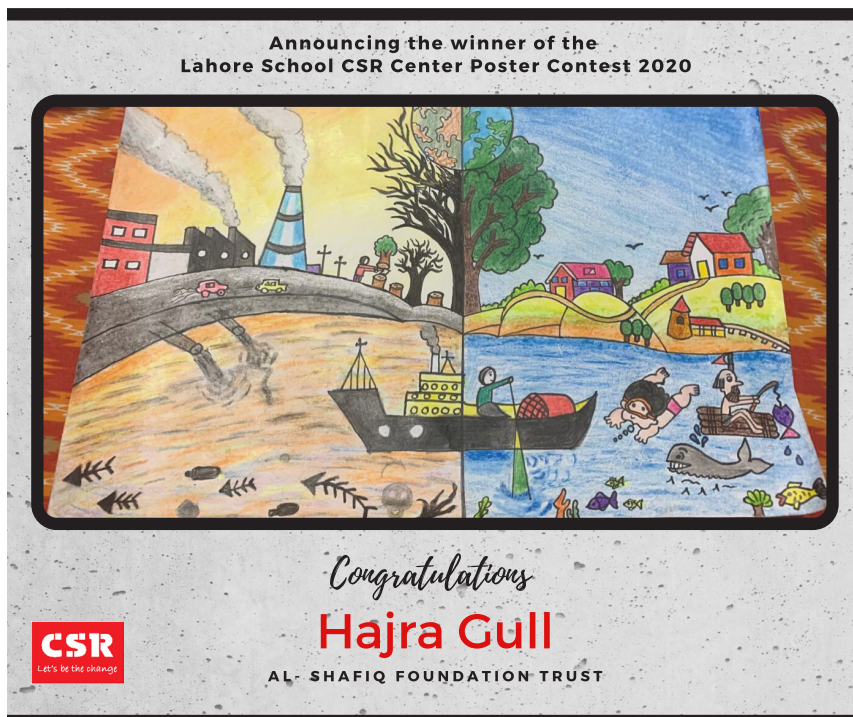
Submission date: July 30, 2020.

Among the 46 contestants the best drawing, representing the climate change was created by Hajra Gull, a resident at Al-Shafiq Foundation Trust.

1st Runner-up: Muneeba Boota (Al-Shafiq Foundation Trust)

2nd Runner-up: Rabya Allah Rakha (Govt. Girls Primary School)

3rd Runner-up: Shan Anwar (Govt. Girls Primary School, Klass Mari)



Ambassador of the Semester

Through working with the LS-CSRC my human spirit for love, compassion and empathy felt revitalized. Giving back to society is our responsibility and the right of every individual on us. My perspective about life has broadened since I joined the Lahore school CSR. I feel more at peace and humble in my routine.

Hamood Javaid
BBA-IV
Marketing & Finance



LAHORE SCHOOL CORPORATE SOCIAL RESPONSIBILITY

Have our volunteers inspired you to join LS-CSR already? Register with us to get updates on upcoming volunteering opportunities. Fill in the form below or send us an email at lahoreschoolcsr@gmail.com or reach out to us through [Facebook](#) and [Instagram](#).

Application Form

Ambassador

Volunteer

Full Name

Student Id & Year

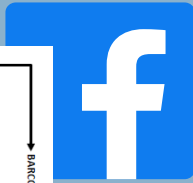
Contact #

Email Id

Off Days/ Free Slots

Hobbies & Interests

LIKE US!



@lsecsr

FOLLOW US!



@ls_csrc

CONTACT US

Maheen Chaudhry
Manager

 csr.lse.coordinator@gmail.com

Afshan Siddique
Assistant Registrar

 lahoreschoolcsr@gmail.com

 Office FH-2, Direct: (042) 36560948